

Join us for a **Pilates-A-Thon** Fundraiser!

Sunday, March 4th

11 am - 1 pm

This one simple gesture will make an astounding
difference
for Bud and ***Chrissi Brunkow***



[More about Chrissi](#)

\$25 Recommended Donation

As much Pilates as you can handle in 2 hours

Plus!

Awesome Raffles

Tickets: 1 for \$5, 5 for \$25

Push-up Push-off w/ Jo and Geoff!

(You don't want to miss this!)

We'll be taking pledges (bets) on who can do the most push-ups.
Contenders welcome!

11-1 pm:

8 - 25 minute classes (Held in the main studio and at Core In Motion)

11:30:

Push-up Push-off

Every Half Hour Raffle Drawing

Must be present to win!

12:30:

Zumba

If you can't make it to the Pilates-A-Thon you can donate directly by using this link: